

CRAWFISH MONICA® COOKING GUIDE

*Ratios: 1 – 4 lb bag Cajun Sauce Monica®
1 – 4 lb bag cooked rotinni pasta
2 lbs protein (shrimp or crawfish)*

Crawfish Monica® ingredients can be defrosted overnight in refrigerator or, if using in a frozen state, defrost Cajun Sauce Monica® by placing bag in large pot of boiling water. Cut open bag with scissors or knife and empty defrosted sauce into a skillet, add frozen pasta and simmer until pasta is heated through. Mix in shrimp or crawfish and heat together. Serve and enjoy !

Serves 20 appetizers or 10 entrees

The names Crawfish Monica® and Cajun Sauce Monica® are nationally trademarked by Kajun Kettle Foods, Inc., New Orleans, LA.